



HOUSTON CENTER

Cayce/Reilly® School of Massotherapy

LEADER IN HOLISTIC EDUCATION, WELLNESS & HEALTHCARE

The Cayce/Reilly® School of Massotherapy presents

Myofascial Release Massage Part I, Upper Body



Instructor: Scott Dobbins, LMT, CIMRM, CNMT

When: April 30—May 2; Friday, 6 pm – 10 pm; Saturday and Sunday, 9 am – 5 pm

Continuing Education Hours: 20

Approved for Continuing Education Hours: NCBTMB, FL and TX

Cost: \$380 (\$330, in paid, in full, 30 days in advance) *****Ask about our Online Special!*****

Prerequisite: Certified or licensed massage therapist; physical therapist or occupational therapist; or enrolled as a student in one of the above training programs.

In this workshop you will learn to identify, manipulate, and release myofascial tissue that holds chronic, painful, and exhausting stress and tension. In addition, you will gain an understanding of the relationship between posture and emotional attitudes and how constricted myofascial tissue leads to creating and reinforcing emotional negativity. By the end of the workshop you will know how to release this unwanted stress in the chest, neck, shoulders, hands, back and waist, in other words, over the whole upper body. This workshop, taken with the *Myofascial Release Massage Part II, Lower Body*, will enable you to offer a complete head-to-toe Myofascial Release Massage as well as work on specific problem areas. The hand, neck, and shoulder work is suitable for on-site application as well as clinical practice. We will discuss the conditions and occupations that will benefit most from this work. Contra-indications will also be noted. To learn more about this modality visit: www.howardrontal.com.

To Register:

757-428-3588, Ext 7285

workshops@edgarcayce.org

www/EdgarCayce.org/massageschool/ce



